



# Happy Marriage Healthy Families

---

By

Dr. Mohammed Sadiq



# Part 1

---

Islamic Teachings about Human Creation, the Status of Men and Women, and the Nature of their Worldly Relationship



## Part 2

---

Marriage -  
The Beginning of a Family



## Part 3

---

Ingredients of a Good Marital  
Relationship, a Successful Marriage and  
a Happy Family



## Part 4

---

# Causes of Marital Problems and Struggles between Men and Women



# Part 5

---

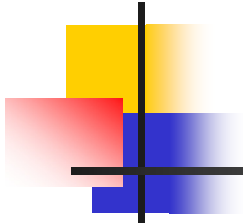
## Impact on Children and Extended Families



## Part 6

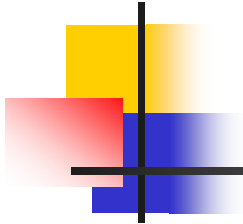
---

# Solutions for Marital Problems



---

This two-day workshop is designed for young adults who are planning to get married, those who recently got married, and the old timers alike, to learn about what does it take to make a happy marriage and a healthy family. It begins with the nature of men and women and their relationship, their strengths and weaknesses, and goes on to explaining and dealing with the problems that may occur in a marital relationship.



For further details and making arrangements to have this Workshop delivered in your community, please send an e-mail to:

[workshops@shifa.ca](mailto:workshops@shifa.ca)