
Some Common Mental and Family Health Problems among Muslim Communities and their Dynamics

By
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This workshop is designed to assist the human service providers to understand some of the dynamics of Muslim Families and Communities, what pressures do they face and how they affect them.

It identifies and explains the common mental and family health issues in the Muslim Community

As well, it provides tips on how to best handle and serve the Muslim families and communities.

Common Mental Health Issues in Muslim Communities

- Identity Crisis
- Anger Management
- Personality/Character Disorders
- Anxiety Disorders
- Depression
- Paranoia
- Obsessive-Compulsive Disorders
- Marital Problems
- Problems with Children
- Sexual Issues

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