

Getting Ready to Become Parents

By

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Young men and women, when they get married or have children, generally have not received any education or training in how to be a good husband, wife, a father or a mother. We all go by what we have seen our parents do as fathers, mothers, husband and wives. Some of us have had good role models in our parents and therefore good examples to follow; others are no so lucky.



This is a training program designed for young married couples planning to have children. The course will cover the following topics.

- The Importance of Children
- Planning or Praying?
- Pregnancy and Childbirth
- Changes a child will bring in your Personal and Marital Life.
- Raising Children - Whose Responsibility?
- From Infancy to Age 6



- All topics will be presented in light of Islamic principles, teachings of the holy Qur'an and the Sunnah of the Prophet (s.a.w.)
- For further details and making arrangements to have this Workshop delivered in your community, please send an e-mail to: workshops@shifa.ca

